

c. What Does Biblical Counseling Look Like?

d. What is the Goal of Biblical Counseling?

e. Who Should Counsel?

4. Biblical Counseling and Disciple-Making

5. Recommended Resources

“Competent to Counsel” by Jay Adams

“Instruments in the Redeemer’s Hands” by Paul David Tripp

The background is a light green gradient with several white butterfly silhouettes scattered across it. The butterflies are of various sizes and orientations, some appearing to fly towards the right and others towards the left.

Biblical Counseling

Introduction

Thursday, July 14, 2011

Counseling Case Studies

What would you say?

Why We Don't Want To Counsel?

Why We Don't Want To Counsel?

- It's messy

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- It's messy
- We don't think we know God's Word well enough

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Why We Don't Want To Counsel?

- It's messy
- We don't think we know God's Word well enough
- We are too busy
- That's the pastor's job
- We don't love people as we are called to

John 13:34

³⁴ A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.

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What is Biblical Counseling?

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What Biblical Counseling Isn't

What Biblical Counseling Isn't

- It is not listening to someone gossip, slander, grumble and complain while nodding your head and proclaiming “I understand”

What Biblical Counseling Isn't

“no temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation, he will also provide the way of escape, that you may be able to endure it”

1 Corinthians 10:13

What Biblical Counseling Isn't

- It is not listening to someone gossip, slander, grumble and complain while nodding your head and proclaiming “I understand”
- It is not letting someone cry on your shoulder proclaiming that “life is not fair”

What Biblical Counseling Isn't

“for his dominion is an everlasting dominion, and his kingdom endures for generation to generation; all the inhabitants of the earth are accounted as nothing, and he does according to his will among the host of heaven and among the inhabitants of the earth, and not can stay his hand or say to him, ‘what have you done?’”

Daniel 4:34-35

What Biblical Counseling Isn't

- It is not listening to someone gossip, slander, grumble and complain while nodding your head and proclaiming “I understand”
- It is not letting someone cry on your shoulder proclaiming that “life is not fair”
- It is not affirming that the other person “did not deserve this”

What Biblical Counseling Isn't

“For the wage of sin is death.”

Romans 6:23

What Biblical Counseling Isn't

- It is not listening to someone gossip, slander, grumble and complain while nodding your head and proclaiming “I understand”
- It is not letting someone cry on your shoulder proclaiming that “life is not fair”
- It is not affirming that the other person “did not deserve this”
- It is not listening but giving no response – “I just want a listening ear”

What Biblical Counseling Isn't

“Oil and perfume make the heart glad, and the sweetness of a friend comes from his earnest counsel.”

Proverbs 27:9

What Biblical Counseling Is

What Biblical Counseling Is

“Biblical Counseling is the practice of training believers toward greater Christ-likeness through the careful use of the Scriptures for the glory of God.”

Lance Quinn

What Biblical Counseling Is

“Biblical Counseling discerns thinking and behavior that God wants to change.”

“Biblical Counseling uses God’s Word, by the Holy Spirit, to change motives, thinking and behavior to Christlikeness.”

Jay Adams

What Biblical Counseling Is

Biblical Counseling is walking together with someone as they grow in the image of Christ using the Holy Spirit empowered application of God's Word.

Biblical Counseling is dealing with sin in our lives and the effects of sin in the lives of others.

What Does Biblical Counseling

What Does Biblical Counseling

Instruct/Admonish (Romans 15:14)

Exhort (Hebrews 3:13)

Encourage (I Thess. 4:18)

Comfort (II Cor. 1:4)

Teaching (Colossians 3:16)

Correcting (II Timothy 2:25)

Rebuking (I Timothy 5:20)

Great Example

Nathan Confronts David
II Samuel 12:1-7



I Thessalonians 5:14

“And we urge you, brothers, admonish the idle, encourage the fainthearted, help the weak, be patient with them all.”

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What Is the Goal of

“And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another.”

II Cor. 3:18

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II Cor. 3:18

Grow in Christlikeness

What Is the Goal of

“Now in a great house there are not only vessels of gold and silver but also of wood and clay, some for honorable use, some for dishonorable.”

2 Timothy 2:20

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“Now in a great house there are not only vessels of gold and silver but also of wood and clay, some for honorable use, some for dishonorable.”

2 Timothy 2:20

Grow in our usefulness for Christ

Who Should Counsel?

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“Let the word of Christ dwell in you richly, teaching and admonishing one another is all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.”

Colossians 3:16

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ALL BELIEVERS

Who Should Counsel?

“I myself am satisfied about you, my brothers, that you yourselves are full of goodness, filled with all knowledge and able to instruct one another.”

Romans 14:14

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ALL BELIEVERS

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“the paradigm is simple: when God calls you to himself, he also calls you to be a servant, an instrument in his redeeming hands.”

Paul David Tripp

What is Our Tool to Counsel?

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“All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be competent, equipped for every good work.”

II Timothy 3:16

What is Our Tool to Counsel?

“Sanctify them in the truth; your word is truth.”

John 17:17

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Biblical Counseling and Disciple Making

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Where Do We Go From Here?

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|-----------|-------------------------------------|
| 7/17/2011 | Definition of Biblical Counseling |
| 7/24/2011 | Theology of Biblical Counseling |
| 7/31/2011 | Different Counseling Models |
| 8/7/2011 | How Do People Change? |
| 8/14/2011 | Key Elements of Biblical Counseling |
| 8/21/2011 | Key Elements of Biblical Counseling |