

1. Other Counseling Models Include:

2. Why Biblical Counseling?

a. Biblical Counseling has the right view of _____: _____

b. Biblical Counseling has the right view of the _____: _____

c. Biblical Counseling has the right view of _____: _____

d. Biblical Counseling has the right view of _____: _____

e. Biblical Counseling has the right view of _____: _____

f. Biblical Counseling has the right _____: _____

g. Biblical Counseling has the right view of _____: _____



Biblical Counseling

Comparing Biblical Counseling to other counseling models

Friday, July 29, 2011

Why We Don't Want To Counsel?

- It's messy
- We don't think we know God's Word well enough
- We are too busy
- That's the pastor's job
- We don't love people as we are called to

John 13:34

³⁴ A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.



Biblical Counseling

Comparing Biblical Counseling to other counseling models

Friday, July 29, 2011

The background is a solid light green color. It is decorated with several white butterfly silhouettes of various sizes and orientations, scattered across the page. The butterflies are simple line drawings with two pairs of wings.

Other Counseling Models

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Other Counseling Models

Other Counseling Models

- Basic Psychology – Sigmund Freud

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- Humanism – Carl Rogers and Self-Help Movement

Other Counseling Models

- Basic Psychology – Sigmund Freud
- Humanism – Carl Rogers and Self-Help Movement
- 12 Step Programs – AA and other “celebrate recovery programs)

The 12 Steps of Alcoholics Anon.

#2 “Came to believe that a Power greater than ourselves could restore us to sanity.”

The 12 Steps of Alcoholics Anon.

#3 “Made a decision to turn our will and our lives
over to the care of God

The 12 Steps of Alcoholics Anon.

#3 “Made a decision to turn our will and our lives
over to the care of God
as we understood Him.”

Other Counseling Models

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- Oprah and Dr. Phil Models

Other Counseling Models

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- Therapeutic Gospel

Therapeutic Gospel

Therapeutic Gospel

It's all about "healing"

Therapeutic Gospel

It's all about "healing"

"I am hurt and need healing"

"I want to feel loved for who I am"

"I want to experience a sense of personal significance and meaningfulness"

"I want to gain self-esteem, to affirm that I am okay"

"I want to be entertained"

"I want a sense of adventure"

Therapeutic Gospel

Soul Care/Coaching

Christian Coaching is a series of focused, collaborative **conversations** in which the coach comes alongside you using powerful, illuminating questions that cultivate self-discovery and new possibilities. God's presence impacts discussions as we invite Him into every coaching conversation. The Coaching process creates pathways for sustained growth and forward action in all the areas the person being coached (PBC) desires to explore. It is not the role of the coach to find the answers but rather to send a powerful message by believing that the PBC, with the assistance of the Holy Spirit has the answers. The Coach, PBC and the Holy Spirit co-create a safe environment or sanctuary where confidentiality, honesty and truth prevail.

Therapeutic Gospel

When Is Coaching Right for You

- a. When you are ready for the next level of development either personally or professionally or both.
- b. You are ready to make a significant change in some area of your life
- c. You desire more sustainable energy, life balance, wellness or better health
- d. You long to make consistently better decisions.
- e. You are “stuck” in a rut and desire to discover new ways in which you can identify and utilize your gifts and talents.
- f. Specific goals or tasks need to be accomplished and you cannot find the energy or an effective process to tackle them.
- g. You desire positive, Christ Centered change in some area of your life.**
- h. You desire to explore communication skills to enhance your effectiveness both personally and professionally.
- i. Goal setting/achieving has not been a problem yet there is a lack of fulfillment in the

Other Counseling Models

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- Humanism
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Common Goal:

Other Counseling Models

- Basic Psychology
- Humanism
- 12 Step Programs
- Oprah and Dr. Phil Models
- Therapeutic Gospel

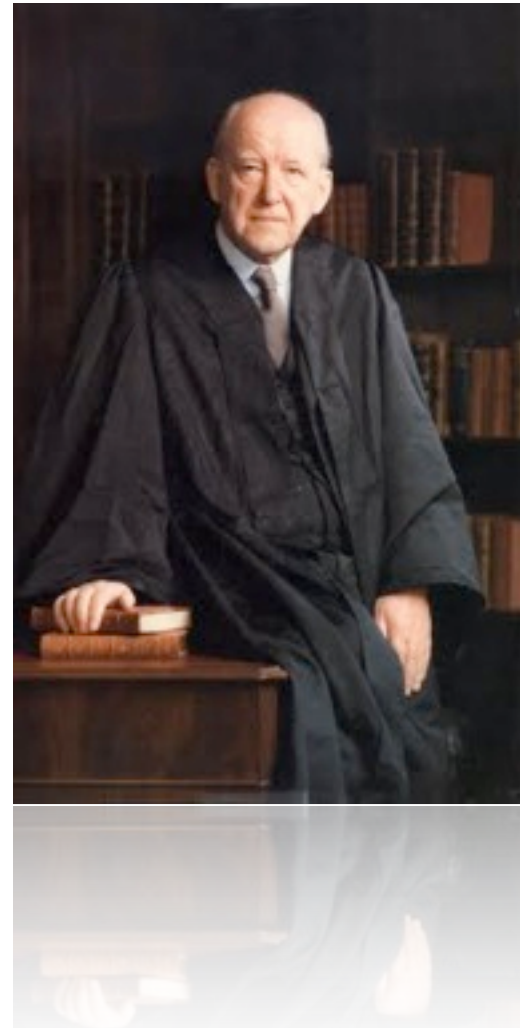


Common Goal:

The Glory of
Man

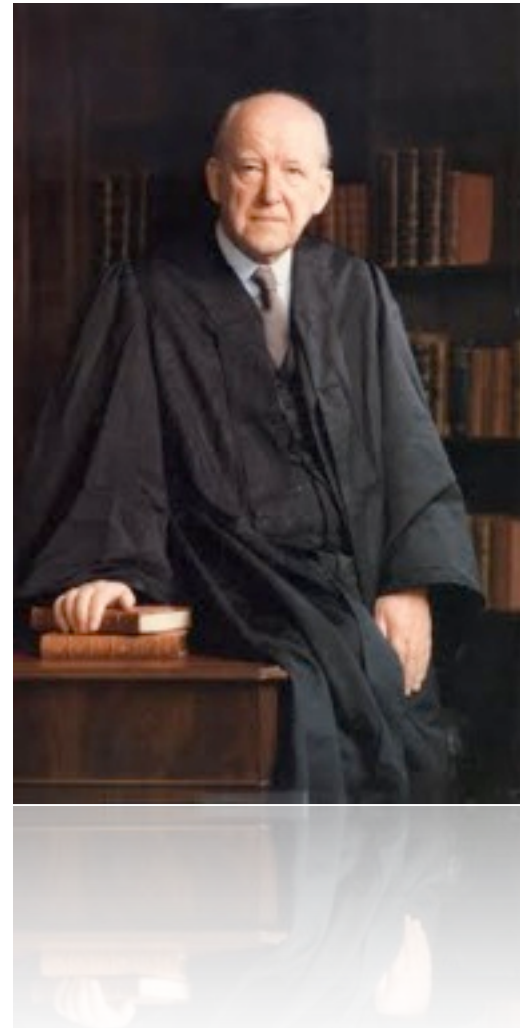
Martyn Lloyd-Jones

“a time of crisis always sifts people...We proclaim a great deal about ourselves as Christians by our ordinary remarks and by our ordinary commends about life. Our view of life comes out in our every expression.”



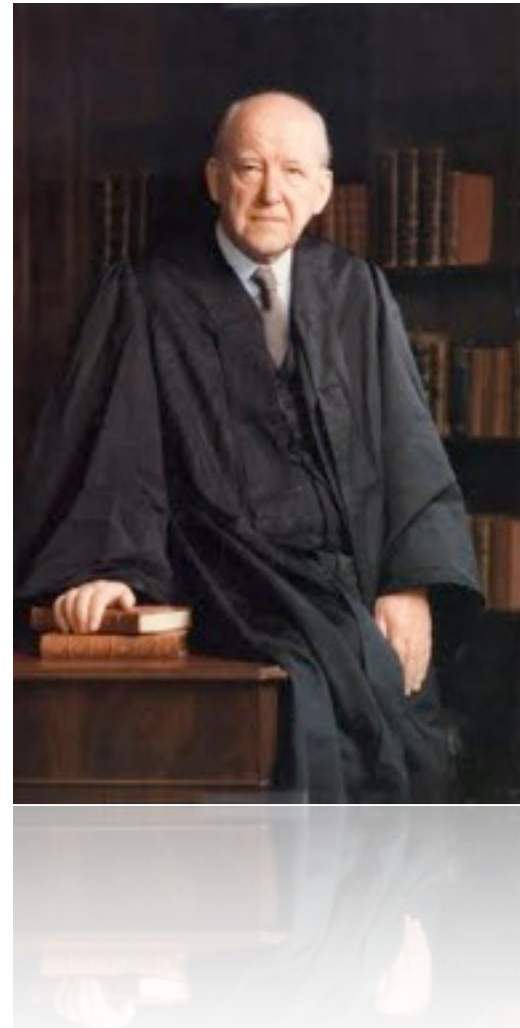
Martyn Lloyd-Jones

“God’s people, God’s children in this world are meant to live the life of faith; they are meant to live in the light of that faith which they profess.”



Martyn Lloyd-Jones

“...you are not Gentiles.
Realize what you are;
remember who you are
and live accordingly.
Rise to the level of your
faith; be worthy of your
high calling in Christ
Jesus.”



The background is a solid light green color. Scattered across the background are several white butterfly silhouettes of various sizes and orientations, some appearing to fly towards the right and others towards the left. The butterflies are semi-transparent, allowing the green background to show through them.

Why Biblical Counseling

Friday, July 29, 2011



Why Biblical Counseling

A. Biblical Counseling has the right view of **man:**
Created in the image of God to glorify God

Isaiah 43:7

“everyone who is called by my name,
whom I created for my glory,
whom I formed and made.”

Ephesians 1:11,12

“In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, ¹²so that we who were the first to hope in Christ might be to the praise of his glory.”

I Peter 4:11

“whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies—in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen.”

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Why Biblical Counseling

B. Biblical Counseling has the right view of the
problem: Sin

James 4:1-3

¹What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you? ²You desire and do not have, so you murder. You covet and cannot obtain, so you fight and quarrel. You do not have, because you do not ask. ³You ask and do not receive, because you ask wrongly, to spend it on your passions.



Why Biblical Counseling

C. Biblical Counseling has the right view of **who is responsible for the problem(s): Man**

Matthew 12:33-37

³³"Either make the tree good and its fruit good, or make the tree bad and its fruit bad, for the tree is known by its fruit. ³⁴ You brood of vipers! How can you speak good, when you are evil? For out of the abundance of the heart the mouth speaks. ³⁵ The good person out of his good treasure brings forth good, and the evil person out of his evil treasure brings forth evil. ³⁶ I tell you, on the day of judgment people will give account for every careless word they speak, ³⁷for by your words you will be justified, and by your words you will be condemned."

Mark 7:20-23

²⁰And he said, "What comes out of a person is what defiles him. ²¹For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, ²²coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. ²³ All these evil things come from within, and they defile a person."

Proverbs 4:23

“Keep your heart with all vigilance,
for from it flow the springs of life.”



Why Biblical Counseling

D. Biblical Counseling has the right view of **guilt: It is real and it is a result of sin**

John 16:8

“And when he comes, he will convict the world concerning sin and righteousness and judgment”



Why Biblical Counseling

E. Biblical Counseling has the right view of
**treatment: The Gospel (Salvation and
Sanctification by Grace Through Faith in Jesus
Christ**

Therapeutic gospel

“Our Father in heaven, help me feel that I’m okay just the way I am. Protect me this day from having to do anything I find boring. Hallelujah, I’m indispensable, and what I’m doing is really having an impact on others, so I can feel good about my life.”

David Powlison

Therapeutic gospel

Soul Care helps you **live from a healthy soul** and **wisely lead others** towards authentic transformation--Spiritual Formation--into the character or likeness of Jesus Christ. Our resources and events are experiential and relationship-minded, built on a foundation of seven [core spiritual practices](#).

Like all of us, on the road of your spiritual journey you need to stop occasionally – for conversation, the chance to read, to rest, to enjoy the view. These breaks – these times of sitting still -- allow us to grow in ways both big and small. So grab a seat on a park bench that suits you, join a conversation, check out our downloads-*start caring for your soul*.

Our prayer is that you will find practical wisdom and even some companionship on the journey to a **new way of life**--one that restores life and health to your soul, releasing your God-given potential and destiny.



Why Biblical Counseling

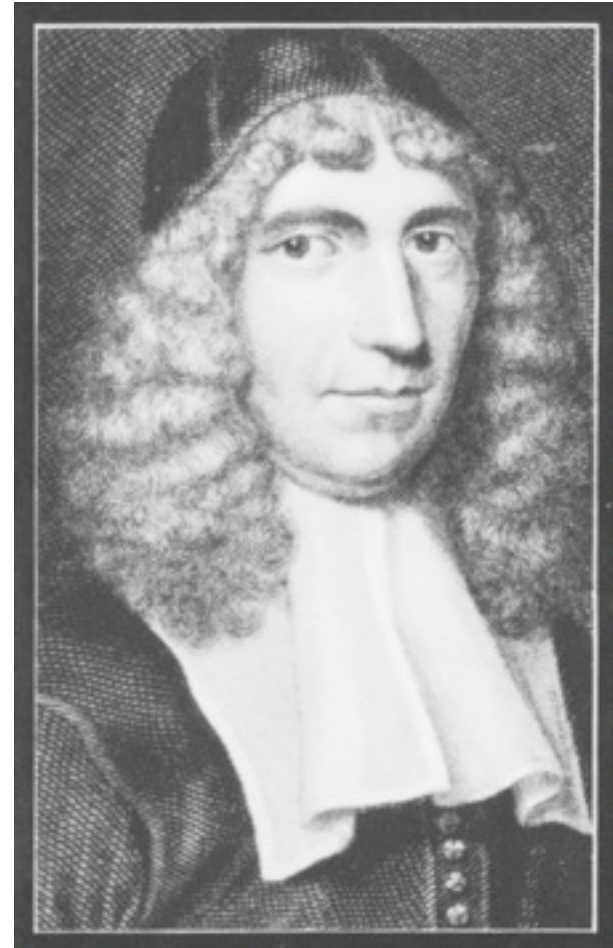
F. Biblical Counseling has the right **resolution of guilt: Deal with Sin Biblically**

Romans 8:13

“For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.”

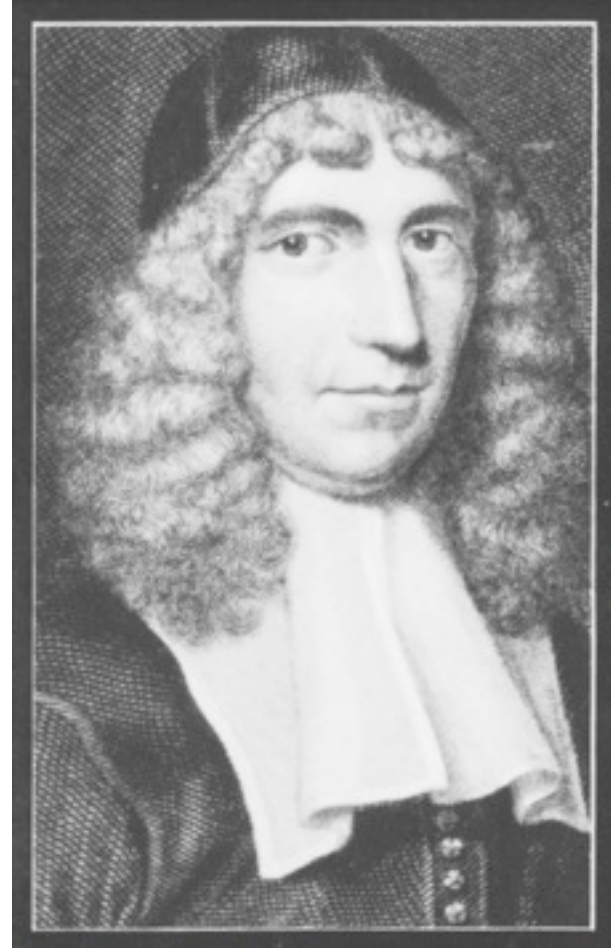
John Owen

“The choicest believers, who are assuredly freed from the condemning power of sin, ought yet to make it their business, all their days, to mortify the indwelling power of sin.”



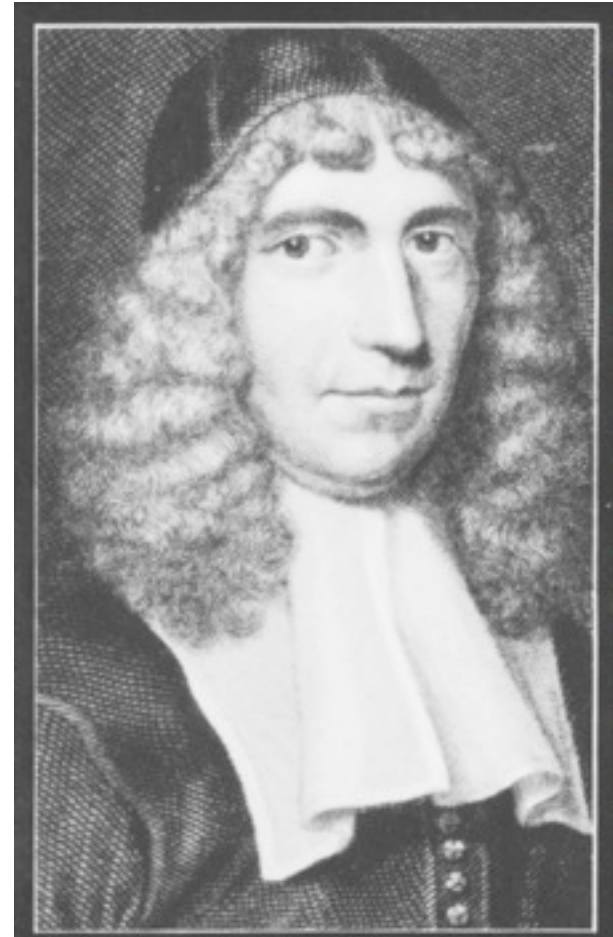
John Owen

“the vigour, and power,
and comfort of our
spiritual life depend on the
mortification of the deeds
of the flesh.”



John Owen

“If sin be subtle, watchful, strong and always at work in the business of killing our souls, and we be slothful, negligent, foolish, in proceeding to the ruin thereof, can we expect a comfortable event.”





Why Biblical Counseling

G. Biblical Counseling has the right view of **who can counsel: All Believers**

Colossians 3:16

“Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God”.